Recieved: ../../2023 Accepted: ../../2023 Published: ../../2023

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**Name Surname1, Name Surname2**

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| Surname, N., & Surname, N. (2023). Title of the manuscript. *International Journal of Positivity & Well-Being*, *X*(0), 00-00. https://doi.org/0000/ijpw/00.00.00 |

**Abstract**

The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words.

**Keywords**: Keyword 1, Keyword 2, Keyword 3, Keyword 4 (Times New Roman 10 font; Between 3 to 5 words; Every keyword should be beginning with a capital letter)

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**Öz**

Türkçe özet, 200-250 kelime olmalıdır-Abstract in Turkish. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words. The article's abstract should give readers a general idea of the research. It is a shortened version of the paper and should contain all information necessary for the reader to determine the objectives of the research or study, the methodology, the results, and the significance of the results. The abstract should be written in Times New Roman 10 font, between 200 and 250 words.

**Anahtar Kelimeler:** Times New Roman 10 font; Between 3 to 5 words; Every keyword should be beginning with a capital letter

**Introduction**

It includes information about the purpose, significance, conceptual .Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. The preparation of references should adhere to the guidelines outlined in the APA 7 reference and citation style, ensuring that the essential elements are accurately displayed. Citations should be provided in the following format: (Ackerman, 2015; Gür & Başak, 2006; Smith et al., 2023) ) or (Doidge, 2019; Gür, 2018; Schweizer et al., 2020; Siegel & Bryson, 2018; Young et al., 2019) or (Gür et al., 2016, 2021; Seligman, 2012). In academic writing, it is customary to enclose direct quotations within double quotation marks (""). In cases where a direct quotation exceeds 40 words, it is conventionally presented as a distinct paragraph, indented, and formatted in a smaller font size of 10.

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Method

It provides details regarding the methodology and procedures employed in the research. It gives information about the method and the process followed in the study. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs.

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**Second Level Headings**

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***Third Level Headings***

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Fourth Level Headings. It provides details regarding the methodology and procedures employed in the research. It gives information about the method and the process followed in the study. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Citations should be provided in the following format: (Ackerman, 2015; Gür & Başak, 2006; Smith et al., 2023).

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**Results**

It is the main section in which the collected data and findings are presented. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs.

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| Times New Roman, 9 font, single line spacing, no space between paragraphs.  | 19 | 10,4 |

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**Figure 1.** Figure name should be Times New Roman 10 font (not italic), and first letter word capital

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Discussion

It is the main section in which authors describe, analyze, and interpret their findings. They explain the significance of those results and tie everything back to the research questions. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Citations should be provided in the following format: (Ackerman, 2015; Gür & Başak, 2006; Smith et al., 2023). It is the main section in which authors describe, analyze, and interpret their findings. They explain the significance of those results and tie everything back to the research questions. Times New Roman 12 font, single line spacing, the first line indented 1 cm, 6 nk space after paragraphs. Citations should be provided in the following format: (Ackerman, 2015; Gür & Başak, 2006; Smith et al., 2023).

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**Conclusions and Recommendations**

The conclusion part serves as the primary component where the study is summarized and finalized. The concluding section of an essay should emphasize the significance of the thesis statement, provide a sense of coherence to the overall piece, and make a lasting impact on the reader. This section should also encompass the limitations of the study and provide recommendations for further research. The conclusion part serves as the primary component where the study is summarized and finalized. The concluding section of an essay should emphasize the significance of the thesis statement, provide a sense of coherence to the overall piece, and make a lasting impact on the reader. This section should also encompass the limitations of the study and provide recommendations for further research.

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**Declarations**

***Acknowledgements:*** Please acknowledge anyone who contributed towards the article who does not meet the criteria for authorship including anyone who provided professional writing services or materials. If you do not have anyone to acknowledge, please write "Not applicable" in this section.

***Authors’ contributions:*** The individual contributions of authors to the manuscript should be specified in this section. Please use initials to refer to each author's contribution in this section.

***Competing interests:*** All financial and non-financial competing interests must be declared in this section. If you do not have any competing interests, please state "The authors declare that they have no competing interests" in this section.

***Funding:*** All sources of funding for the research reported should be declared. The role of the funding body in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript should be declared.

***Ethics approval and consent to participate:*** If your research involves human subject please specify your ethical approval and consent to participate.

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